The Mysterious "Omega" Brooches

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By and large, we re-enactors love novelty. It is a constant battle to balance the desire for individuality, with the risks of making the uncommon archaeological find, common in our depictions of the past. So, when a new style of brooch began to regularly appear a few years ago on antique sites and ebay, as well as reproductions for medievalists to wear (Raymond's Quiet Press, 2008), it caused a sensation.

Here were some very striking penannular brooches, commonly called "omega brooches" with wide, flattened terminals and, sometimes, silver accents on their copper-alloy base. They may also have loops along the sides of the terminals, where beads or cowrie shells are attached. Another variant has beads or shells threaded onto wire that is wrapped around the looped head of the brooch. The plainest style, seen on antique sites, is a simple length of wire that has been crudely shaped with the tips of the wire flattened.

Many of the sellers of these brooches said they are from Staraya Ladoga, and date to the Viking Age. Reproductions on websites catering to re-enactors that imply they were used to fasten that characteristically Norse garment, the "apron dress" (e.g., Raymond's Quiet Press, 2010; Sulik, 2011; Historiska Fynd, 2011). Was this really a lightweight alternative to the large, relatively heavy bossed, oval brooches (and animal head brooches) of the Norsewoman, that would not only hold your clothes together, but clearly signal your tastes in Eastern fashion?

The first issue is from where these brooches originate, and the second is from what time period they originate.

Finds from Staraya Ladoga in the early medieval period, even when carefully excavated, are problematic when trying to determine the origins of the deceased. The women were often buried there with a collection of Scandinavian, Finnish and Slavic jewelry, making it difficult to determine the "ethnic origins" of the deceased (Roesdahl and Wilson, 1992; 304). In any case, early 20th century finds from the Hull and East Riding Museum, and the British Museum, indicate this jewellery style originated far away from Lake Ladoga, but further south in the modern-day republic of Mordovia.



Figure 1: Map of the Russian Federation, showing the location of Staraya Ladoga (red dot) in the north-west, and the Republic of Mordovia (dark red) in the south-west. (Wikimedia Commons, 2011).

In the early 1900s, the curator of the Hull Museum, Tom Sheppard, received a cache of Russian objects near the village of Efaefsk or Efaevo (Sheppard, 1904; Appendix), possibly excavated in 1900 (*ibid.*) by the archaeologist M.V. Terekhin who had previously worked at the site (Terekhin, 1893). The British Museum later purchased part of the find, and both museums include text and images describing these finds on their respective websites (Hull and East Riding Museum, *pers. comm.*; Wood, 2004; Appendix).

Efaevo, near Krasnoslobodsk, previously located in the Penza Oblast of the Russian Empire (Terekhin, 1893), is today a part of the Republic of Mordovia. At the time that these brooches were worn – the 11-15th centuries (Hull and East Riding Museum, 2010; Golubeva 1987a) – this area was occupied by a Finno-Ugric tribe, called the Mordvins (of which the republic derives her name), who are also sometimes known as the Volga Finns. These brooches are therefore not Scandinavian, "Viking" or even particularly "Viking Age," but are early- to post-medieval and are Finno-Ugric.

In the Mordvin-Moksha language these brooches are called syulgam (сюлгам) or, syulgamo (сюлгамо) in the Eryza language (Mordovia Wiki). There are, broadly speaking, four main styles of brooch. The first style, is rather simple, made of wire and bent into shape. The second style like those from Efaevo (Sheppard, 1904) have the 'legs' of the brooch flattened, while the third has patterns – geometric or granulation work - decorating the flattened legs. The fourth is the eye-catching style with perforations so that beads, coins or cowrie shells can be attached to the 'legs' (Figure 2).

The quoted source which some websites of antique dealers and jewellers use, regardless of the precise style of the brooch, is edited by V. Sedov, and titled *Finno-Ugri i Balti v Epokhy Srednevekoviya* (Финно-Уары и Балты в Эпоху Средневековья) which covers the archaeology of Finno-Ugric and Baltic peoples of the Middle Ages. While this book *does* include drawings of Mordvin jewellery, it does not have the examples seen online of scrollwork-decorated legs, and the type with perforations.

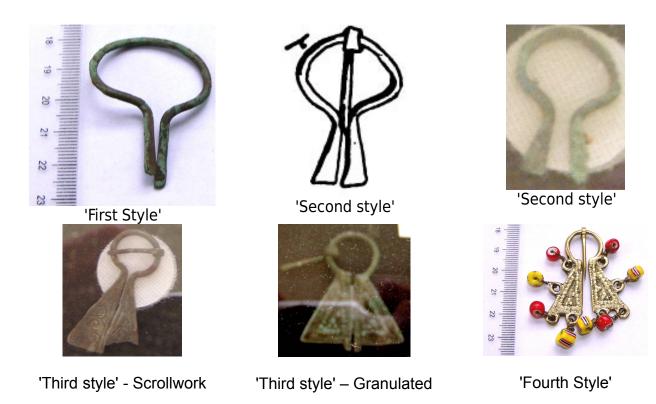


Figure 2: The four major 'types' of brooch:

Top row, left: The simplest style, with slightly flattened terminals. Courtesy of Sandy Sempel, Fröjel Gotlandica, Australia. Dated 10-11th c. (Golubeva 1987a).

Centre: Longer, flattened legs. From Sheppard (1904). Dated 11-15th c. (Golubeva 1987a; Hull and East Riding Museum, 2010).

Right: Photograph of the flattened leg style. Photograph taken at the Fröjel Gotlandica Viking Museum display, Timeline Fair 2011. Dated 11-15th c. (Golubeva 1987a; Hull and East Riding Museum, 2010).

Bottom row, left: Silver brooch with scrollwork patterns on the legs. Photograph taken at the Fröjel Gotlandica Viking Museum display, Timeline Fair 2011. Dated to the 17th century by the Mordovian Republic History Museum (2009).

Centre: Brooch with granulation work on the legs. Photograph taken at the Fröjel Gotlandica Viking Museum display, Timeline Fair 2011. Dated, at earliest to the 16th century by Alihova et al., (1964).

Right: The most complex style, with simple granulation patterns, and piercings to suspend more ornaments. Reproduction by Keith 'Chips' Whitthread, Australia. Dated 17-18th c. Vinnichek (2001-2).

It is probably safe to say that *two* types of 'Omega' brooch can be dated to the middle ages – the simplest bent-wire style, 10-11th c. (Golubeva 1987a) and the slightly more complex brooch with flattened-out legs, sometimes with what appears to be very simple dotting on the legs, dated 12-15th c. (Golubeva 1987a).

The elaborately decorated omega brooch style, with granulation work on the legs, at earliest, appears to date to the 16th-17th centuries (Alihova *et al.*, 1964). Brooches with scrollwork patterns, as seen at Raymond's Quiet Press, have been dated to the 17th century (Mordovian Republic History Museum, 2009).

It seems that the brooch style with perforations evolved even later. Vinnichek (2001-2) says that the brooch dates to the 17-18th centuries, which may be supported by the contemporary artwork (Georgi, 1799), showing

brooches with pendants (Figure 3). This style is also extremely similar to 19th century examples collected by ethnographers, where the threading holes are used to attach densely beaded panels decorated with cowrie shells, beads and chains (eg. Suomen Museot Online; Heikel, 1896) (Figure 4).

So where does this leave the many Viking Age re-enactors who like to wear these brooches for an exotic touch to their outfit? Sadly, only the very simple bent-wire style appears to be contemporary to the Viking Age. The slightly more complex style with flattened terminals is dated to the middle ages (~pre-15th c.), *far* later than the Viking Age, and so the idea of wearing them in pairs with strands of beads suspended between them is incorrect (for an example, see Barone, 2011). But even then, these brooches are part of a fashion particular to the Mordvins, not the Norse who lived around the Baltic coast. The fancier, decorated and pierced styles are even more chronologically distant, dating from approximately the 17th century.

You cannot deny that these are striking pieces of dress, which is why it seems such a shame they are being worn in such an anachronistic manner.

For the sake of completeness, it is worth knowing how these brooches were worn. Certainly, there is no evidence for their use as Norse 'apron dress' or cloak fastenings, as looking at originals in private collections and reproductions they are far too petite! Instead, it appears that historically, and modernly, these syulgam are worn as a shirt or shift-brooch (Prokina, 2007; Suomen Museot Online; Alihova *et al.*, 1964; Heikel 1896). According to Alihova *et al.*, (1964), the simplest styles of brooch worn in the 10-11th centuries appeared in male graves, fastening the slit of a shirt, although they were also worn by women.

Sadly, the only reconstructions I have been able to find of pre-18th century feminine Mordvin dress, dates from the 8-9th centuries (Golubeva 1987a; Stepanova, 2005), before wire-like Omega brooches became fashionable and so I have been unable to verify Sheppard's claim that the jewellery was "found in rows, resting upon the bones of the chest" (1904). Grave plans of Muromian women, another Finno-Ugric tribe who were assimilated by the Kievian Rus in the 11-12th centuries, show brooches similar to the omega style, but cast to shape, sitting at the hip, or on the chest (Golubeva, 1987b). But the accompanying reconstruction drawings simply show the brooches decoratively pinned to a shirt or dress. This may be due to a lack of preserved textiles being found with the jewellery It is only later in this fascinating brooch's evolution that it became an important element of feminine dress.







Figure 3: Late 18th century images of Mordvin women.

Left: Drawing of a Mordvin woman (Georgi, 1799). NYPL Image ID: 1241926.

Centre: Drawing of a Mordvin-Moksha woman (Georgi, 1799). NYPL Image ID: 1241929.

Right: Drawing of an elderly Mordvin-Moksha woman (Georgi, 1799). NYPL Image ID: 1241930.





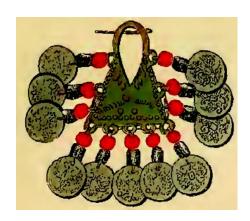


Figure 4: 19th century brooches worn by Mordvin women.

Left: Drawing of a 19th century Mordvin woman wearing a syulgam at the throat. (Heikel, 1896)

Centre: Brooch SU4531:15, from the National Museum of Finland. (Heikel, 1896) **Right:** Brooch SU4532:14, from the National Museum of Finland. (Heikel, 1896).

Appendix: Hull and East Riding and British Museum Collections

To access photographs and text describing the simple omega brooches from the Hull and East Riding Collection, and the more complex examples in the British Museum Collection, go to the Hull and East Riding Online Collection Catalogue (http://www.hullcc.gov.uk/museumcollections/ and search for the following ID numbers:

- KINCM:2008.6067.42
- KINCM:2008.6067.55
- KINCM:2008.6067.56
- and KINCM:2008.6067.58

There are a further two entries in the British Museum Collection Database (http://www.britishmuseum.org/research/search_the_collection_database.aspx) and search the following registration numbers for text descriptions:

- **1**905,0524.26-32
- **1**905,0524.25

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